FROM THE NORTH
• South on I-81
• Exit 12 for Cortland/Homer
• Rte 281 South to Rte 13
• South on Rte 13 to Rte 366
• After NYSEG complex, turn left onto Rte 366
• Turn left onto Pine Tree Rd (.6 miles)
• Take second left at 395 Pine Tree Rd

FROM THE SOUTH
• North on I-81
• Exit 8 for Whitney Point
• West on Rte 79
• Turn right onto Pine Tree Rd (1.3 miles)
• Take fourth right at 395 Pine Tree Rd

FROM THE EAST
• West on I-90/NY State Thruway to I-88
• Exit 8 for Rte 206 at Bainbridge
• West on Rte 206 to Rte 79 at Whitney Point
• West on Rte 79
• Turn right onto Pine Tree Rd (1.3 miles)
• Take fourth right at 395 Pine Tree Rd

FROM THE WEST
• East on I-90/NY State Thruway to Exit 42
• South on Rte 14 to Rte 96
• South on Rte 96
• South on Rte 13 to Rte 79/Green St
• East on Rte 79/Green St
• Green St becomes East State St
• Continue to travel east on Rte 79/East State St
• Turn left onto Mitchell St/Rte 366
• Follow Mitchell St up the hill
• Turn left onto Pine Tree Rd (.3 mile)
• Take third right at 395 Pine Tree Rd

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Directions to CTL WCMC Office

FROM THE NORTH
• South on NJ-17
• Exit 4E toward Fort Lee/New York
• Take I-95 N exit on left toward GW Bridge/New York City
• Slight left onto US 9N
• Merge onto I-95 Upper Level N
• Exit 2 for Amsterdam Ave
• Merge onto Harlem River Dr
• Continue onto FDR Dr
• Exit 13 for E 71st St
• FDR Dr turns right and becomes E 71st St
• Turn left onto York Ave
• Turn right on E 69th St
• 413 E 69th St will be on the right

FROM THE SOUTH
• North on I-95
• Exit 16E toward Lincoln Tunnel
• Merge onto NJ-495 E
• Continue into Lincoln Tunnel
• Turn right onto W 42nd St
• Turn left onto 3rd Ave
• Turn right onto E 57th St
• Turn left onto York Ave
• Turn left onto E 69th St
• 413 E 69th St will be on the right

FROM THE EAST
• West on I-278
• Exit 46 toward Manhattan/Randalls Island
• Merge onto Robert F. Kennedy Bridge
• Keep left at the fork, follow signs for FDR Dr S and merge onto FDR Dr
• Exit 13 toward E 71st St
• FDR Dr turns right and becomes E 71st St
• Turn left onto York Ave
• Turn right on E 69th St
• 413 E 69th St will be on the right

FROM THE WEST
• East on I-280
• Exit 16E toward Lincoln Tunnel
• Merge onto I-95 N
• Merge onto NJ-495 E
• Continue into Lincoln Tunnel
• Turn right onto W 42nd St
• Turn left onto 3rd Ave
• Turn right onto E 57th St
• Turn left onto York Ave
• Turn left onto E 69th St
• 413 E 69th St will be on the right

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